

WE HEAR YOU

(because we listen)

If you or someone you know is in or seeking recovery from substance use disorder, we are here for you. We are individuals in long-term recovery with a message of hope. Freedom from addiction is real and available to all. We are here to listen with empathy and support. We promote wellness and self-directed care. Building on strengths, abilities, and resilience, we advocate and celebrate all pathways to recovery for you, your family, and your community. So call us....

- 📞 When you are struggling and need someone to talk to.
- 📞 When you want to talk to someone confidentially.
- 📞 When you want to share your triumphs as well as your challenges in recovery.
- 📞 When you feel lonely, depressed, or have suffered a loss or setback.
- 📞 When friends or family members don't seem to understand.
- 📞 When you need someone to listen who has been right where you are.
- 📞 When you have questions about recovery.

CARES Call or Text 8:30am - 11pm
WARM LINE **1-844-326-5400**
Every Day of the Year



The mission of the Georgia Council on Substance Abuse is to increase the impact of recovery in Georgia's communities through education, advocacy and training. To learn more about GCSA or the CARES Warm Line, visit: <http://gasubstanceabuse.org>

Funding for the CARES Warm Line is provided by contract with GCSA from the Georgia Dept. of Behavioral Health and Developmental Disabilities